





Replying to @museumhour

A10) Before lockdown, I was always busy and rushing around doing something. Even in my personal life I put to much pressure on myself to be going somewhere and meeting someone. I think I'm going to give myself more time to just relax and do nothing. #MuseumHour

↑7 1 ₾



Replying to @museumhour

hobbies

↑J

A10. Yes!!!!! There is no such thing as a work/life balance. There is only life and work is a fraction of it. If you love your work the fraction is bigger, but work should not define you. So ends my philosophy lesson.

#MuseumHour.

#MuseumHour. 8:50 PM · Jun 22, 2020 from Bromley, London · Twitter for Android 12 Likes 4 Retweets Ĺ] $_{1}$ Υ_{1} Lana Pajdas 🚟 @LanaPajdas · Jun 22 Replying to @sarah____j and @museumhour Well said, actually. $^{\circ}$ 1] ıT, Rachel Moss @particip8tion · Jun 22 Replying to @sarah_____i and @museumhour A10. Not on furlough but some of my freelance contracts have been postponed. Slowing down more & valuing the day to day more would be good for me. I always go at everything so fast & plan so far ahead so maybe miss important things along the way #MuseumHour 1 1 Elizabeth Hale @HappyCanadianMa · Jun 22 Replying to @museumhour A10 Definitely more focus on self-care. Work is not the most important thing anymore. I'm excited to go back to work, but it will be on my terms. #MuseumHour ↑ 2 Gum Kenth @gumkenth · Jun 22 Replying to @museumhour A10) Furlough has allowed time for self reflection for sure. I think that work life balance is always important although not always achieved but the time spent in doing other things has really revitalised new interests and

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